

When You're Finding it Hard to Rejoice

1. **REJOICE** _____
Philippians 4:4-5; Romans 8:35, 37

2. **TRUST** _____
Philippians 4:6a; Matthew 6:25a; 6:34; 18:4

3. **PRAY** _____
Philippians 4:6b; 1 Thessalonians 5:17; 1 Peter 5:7

4. **GIVE THANKS** _____
Philippians 4:6c; 1 Thessalonians 5:18

5. **THINK** _____
*Philippians 4:8-9; Romans 12:2; John 14:6; Ephesians 5:3;
2 Corinthians 10:5; 1 Peter 1:13; Proverbs 27:17*

The Result...

Philippians 4:7; 4:9b